

Quest Food Management

Recipe Sizing Report

Aug 5, 2014

Page 1

001209 - sandwich- cheeseburger nslp : nslp	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: sandwich	Meat/Alt: 2.25 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
990025 burger maker 80/20- gfs.....	50 (6/1 patty 529010)	
990093 cheese american.....	50 slice 200 ct	
903400 bread bun hamburger gfs 254262...	50 bun	

*Nutrients are based upon 1 Portion Size (sandwich)

Calories	332 kcal	Cholesterol	64 mg	Protein	19.03 g	Calcium	90.75 mg	56.04%	Calories from Total Fat
Total Fat	20.65 g	Sodium	328 mg	Vitamin A	8.1 RE	Iron	2.88 mg	22.88%	Calories from Saturated Fat
Saturated Fat	8.43 g	Carbohydrates	20.41 g	Vitamin A	162.0 IU	Water ¹	*0.00* g	2.71%	Calories from Trans Fat
Trans Fat ¹	1.00 g	Dietary Fiber	4.00 g	Vitamin C	0.0 mg	Ash ¹	*0.00* g	24.62%	Calories from Carbohydrates
								22.95%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.